

Sofia Lindgren Galloway

ABOUT

I have trained as an actor, dancer, singer, and mover for over 15 years. In 2013, I shifted focus to directing and teaching. In February 2020, I made the decision to return to acting because I've always had exceptional comedic timing.

Pronouns: she/her/hers

Hair: Blonde

Eyes: Blue

Height: 5' 7"

THEATRE

Circle Mirror Transformation	Theresa	St. Olaf College	dr. Lauren Bartelt
The Hour We Knew Nothing Of Each Other	Ensemble	St. Olaf College	dr. Robert Rosen
Carousel	Julie Jordan	Attic Theatre	dr. Carol Jegan
The Pajama Game	Ensemble	Riverside Players	dr. Erick James Gyrion
bobraschenbergamerica	Ensemble	St. Olaf College	dr. Jeanne Wilcoxon
A Funny Thing Happened on the Way to the Forum	Cortesean	Attic Theatre	dr. Carol Jegan

OTHER PERFORMANCE

Driving Ms. Daisy	Voiceover	The Jungle Theatre	dr. Bain Boehelke
Outreach Science Theatre	Various Roles	The Bakken Museum	

EDUCATION AND TRAINING

EDUCATION

Current MA/MFA Candidate at Emerson College - Theatre Education and Applied Theatre
St. Olaf College, Bachelor of Arts, Major: Theatre, Minor: Education Awards: Distinction in Theatre at St. Olaf College, Deans List at St. Olaf College

WORKSHOPS

Best Practices, Summer 2021, Theatrical Intimacy Education; Arts and Inquiry, Fall 2020, MoMA; Droznin, Summer 2017 at The Playwright's Center; Fictive Matriarchies with Maya Gurantz, Spring 2016 at The university of Minnesota; Mask Workshop with Mariana Aroz, October 2012 at St. Olaf College; Viewpoints and Suzuki, June 2011 with the SITI Company

TRAINING

Voice: Soprano, Orm Music Studios (5 years), Janice Hardy (1 year)
Dance: Ballroom, Jazz, Modern, beginning Ballet, Show Choir
Courses: Directing, Acting, Design (Lighting and Sound, and general), Theatre History, Feminist Theatre, Modern Dance, Ballet, Ballroom Dance, Philosophy, Pedagogy, Educational Psychology

SPECIAL SKILLS

Hula Hooping, Yoga, Drivers License, working with kids, CPR/First Aid

Contact:

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